THE MICAH UPDATE



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MESSAGE FROM MARK

Dear Micah Community,

Spring has arrived, and the excitement for Summer 2026 is building! We hope all of our Micah families, staff, and alumni are having a wonderful year and are looking forward to warmer days ahead.

We are thrilled to share that the Micah Dome is nearing completion and will open its doors to campers and staff this summer. The new facility features a full basketball court, indoor turf with endless possibilities, and two golf simulators, all a truly exciting addition to camp. A special thank you to Mike Fusco, who has spent the past year shepherding this project, coordinating our subcontractors, and making sure everything is on track for a June completion. The Micah Dome will be named in honor of Susan and Barry Tatelman, whose vision, generosity, and love have helped shape the remarkable Micah community. We are proud to ensure their legacy endures for generations to come.

For all 2026 Micah families, and especially our first-year parents, The Maine Camp Experience (of which Micah is a proud member) is hosting a parent-seminar with Dr. Tracy Brenner on Thursday, May 7th at 12pm E.T. This session is designed to help parents and children prepare for the camp experience together. Year after year, first-year families tell us how valuable this conversation was as they navigated that first transition to camp life. We strongly encourage you to join! To register, click here.

As always, this Newsletter is full of wonderful updates from across the Micah community! For our current families, June is closer than it seems, so please make sure all your forms are submitted and don't hesitate to reach out with any questions.
We can't wait to welcome everyone back to Maine this summer!

~ Mark

Camp Micah
EST. 2001 BRIDGTON, ME

Camp Micah
www.campmicah.com

Winter:
P.O. BOX 67414
Chestnut Hill, MA 02467
617-244- 6540

Summer:
156 Moose Cove Lodge Road
Bridgton, ME 04009
207-647-8999

american camp association ACCREDITED

MAINE CAMP EXPERIENCE

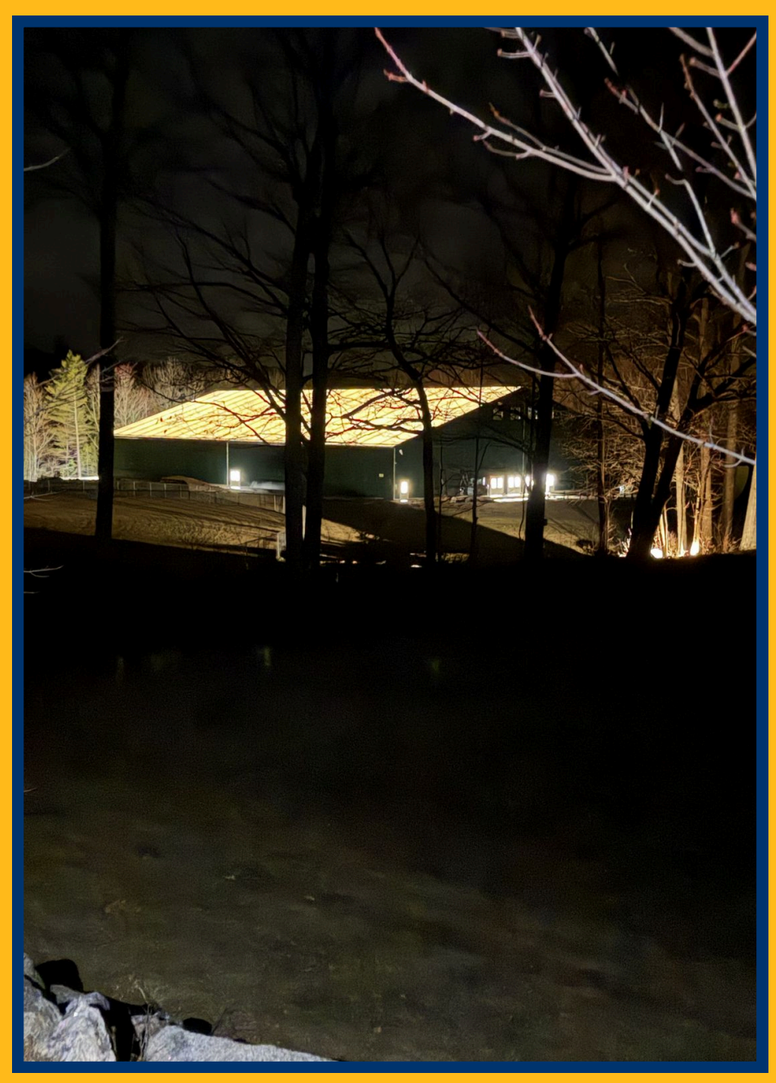
Maine Summer Camps
Real Kids. Real Camps. Real Maine!

MICAH NEWS

THE MICAH DOME

Over the past few weeks, our crews have been hard at work installing the fans and lighting system in the Micah Dome. In the coming weeks, the exterior cement slab will be poured, paving the way for construction of the shed roof, bathrooms, and storage areas. After that, we'll begin installing the courts, turf, and golf simulators.

It has been incredible to watch this dream come to life, and we can't wait to share it with all of you!





YEAR-ROUND TEAM UPDATE









We are pleased to announce the newest addition to our year-round team, Jill Routledge, who will be our Program Director! Over the past 12 summers, Jill has made a significant contribution to our community. Jill first started as a babysitter for the Micah Minis in 2015 and then later joined the Programming Team, responsible for special events, logistics, Color War, and more.

Over the years, Jill has become an integral part of our staff. Her calm presence, intelligence, creativity, and organizational skills have enhanced everything we do. Her true desire to make Micah the best experience for everyone is obvious in everything she does.

Jill met her husband, Asa, in 2016 while they were working at camp. In 2020, they got married, and six months ago they welcomed their son, Cove. Cove will join Jill at camp this summer, with their dog, Castle, and we will expect frequent visits from Asa.

We are excited to welcome Jill as she begins her new position at Micah. Jill is looking forward to working with our entire community as we prepare for this coming summer, and we are so lucky to have her as part of the Micah family!

SOCIAL ACTION UPDATE

GIFT OF LIFE

Cure blood Cancer. Save Lives
giftoflife.org

Over the past few years, five of our staff members have been identified as potential matches for patients in need. This December, we were informed that a sixth staff member has matched with a 43 year old woman battling Acute Myelogenous Leukemia.

We are incredibly proud and grateful to have a community of staff who lead with kindness and action, demonstrating that even a small step, like a simple cheek swab, can have a life-changing impact. We can't wait to see how many of our 2026 staff members will continue this legacy of giving and become matches in the year ahead!



Camp Micah Administration & Campers had an amazing time at the Linclusion 5K, this past Sunday!

A message from LInclusion's founders, Jamie & Stephen Marks...

We are so grateful for the continued support from the Camp Micah community. Your encouragement, enthusiasm and commitment to Linclusion mean more than we can fully express. Over the past several months, we've had the privilege of connecting with so many campers and staff—talking about Bar and Bat Mitzvah projects, volunteer opportunities, and, most importantly, what inclusion truly looks like in everyday life. These moments are powerful and remind us just how special this community is.

Linclusion
UNITING ABILITIES, INSPIRING POSSIBILITIES

Empowering People with Disabilities to Live Their Best Lives.
Linclusion.org

Since our last update, Linclusion has continued to grow in exciting ways. We launched Linclusive Sports, partnering with local youth sports organizations to match children with disabilities with peer buddies so they can fully participate. Watching these connections form and seeing kids experience being part of a team has been incredible.

We've also celebrated some amazing milestones, including lighting the top of the Prudential Center in Boston in blue this past December and hosting our 3rd Annual Linclusion 5K, which brought together around 700 people in an inspiring show of community and support.

As we grow, we're reminded that this work is rooted in the Jewish value of Tikkun Olam—repairing the world. Every act of inclusion brings us closer to a more compassionate and inclusive future. Thank you for being part of this journey. We're continuing to grow, raise awareness, and build a community where everyone belongs.

AMERICAN FRIENDS OF
Jordan River Village
כפר נהר הירדן
قرية نهر الأردن
a seriousfun camp

Camp Micah looks forward to continuing to work alongside Jordan River Village to support their mission of transforming lives of sick and disabled children in Israel. Here is an update from the Village as we move through 2026:

Jordan River Village began the year with strong momentum, hosting hundreds of campers, retreats, and volunteers while expanding programs to serve children with complex medical needs and diverse backgrounds. With the onset of the war, the Village quickly shifted to prioritize safety while continuing to serve as a critical national resource, currently housing soldiers in addition to families with special needs who lack safe shelter, and providing them with ongoing care and support despite significant daily costs. We look forward to seeing the impact Jordan River Village continues to have on these children and we are honored to be in partnership with them.

This year marks our 10th anniversary of partnering with World of Change, and we couldn't be more proud of the impact we've made together.

WORLD OF CHANGE

Small Change. Big Impact
worldofchange.org

Since the very beginning, it has been incredibly meaningful to work side by side with an organization that shares our commitment to helping those in need. We are grateful for the years of collaboration and look forward to continuing this partnership, strengthening our community, and making a difference for many years to come.

2026 CAMPERS & FAMILIES

LABEL DADDY®

Peel & Stick Name Labels



MAKE CAMP EASY Label Everything They Pack

Every summer, camp lost-and-found piles up with shoes, jackets, shirts and much more. Label everything to be sure your camper's things don't get left behind.

- ☑ Required by most camps
- ☑ Durable and waterproof labels
- ☑ Quick & easy: Peel. Stick. Done
- ☑ Save money on lost stuff
- ☑ Designs for campers of all ages





25% OFF YOUR ORDER

CODE: CAMPMICAH

SCAN ME

info@labeldaddy.com www.labeldaddy.com

Label Daddy is offering custom peel & stick name labels for clothes & items for this summer! Visit their **website** and use code: CAMPMICAH to get 25% off your order!

DONT FORGET TO FILL OUT YOUR CAMP FORMS!

Parent Questionnaire Online Form	Physical Examination Form, signed by your child's doctor (upload)
Camper Questionnaire Online Form	Optional Private Tennis Lesson Form
Allergy Questionnaire Online Form	Copy of your child's health insurance/ prescription card (upload)
Health History Online Form	Whitewater Rafting Release Forms - for first/full session rising 9th graders (upload when complete)
Policies Acknowledgement Online Form	

All remaining forms are due May 1st. Please submit or upload all forms before May 1 (via Campanion app or Camp Micah's **CampInTouch website**).

DR. TRACEY BRENNER



Click on **this link** to register for Dr. Tracy Brenner's Camp Parent Zoom; *Preparing Kids & Parents for a Successful Camp Summer* - on Thursday, May 7 at 12PM EST. We hope to see you there!

CAMP CLOTHING & GEAR



Have you ordered your summer 2026 Merch? Don't forget to place your order soon, to get it in time for the summer! Visit **www.amerasport.com** to order all of your Micah gear!

MICAH MAZELS



SYDNEY ALEPA (G14 2012 & 2016 ARTS & CRAFTS STAFF) GOT ENGAGED TO ALEX TOWEY IN FEBRUARY



HANNAH MOST (G14 2012 & CIT) GOT ENGAGED TO ALEX IN DECEMBER

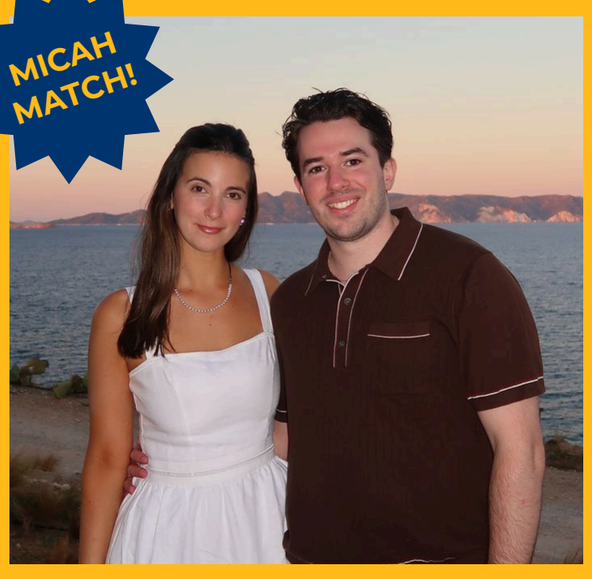


DREW FRIEDLER (B15 2011) PROPOSED TO RACHEL GREENSPAN IN DECEMBER



MIKE SAFRAN (B15 2010, 2013 - 2018 MULTIMEDIA TEAM LEADER, MICAH IN ISRAEL TRIP LEADER, & CIT COORDINATOR) GOT MARRIED TO KRISTYN LUE IN MARCH

MICAH MATCH!



JULIA SIEGEL (G14 2013 & 2017 SWIM INSTRUCTOR) AND JOSH GILLIGAN (B15 2013 & 2017 SWIM INSTRUCTOR) GOT ENGAGED EARLIER THIS YEAR.

JULIA & JOSH MET AT CAMP IN 2009 & BEGAN DATING WHEN THEY WERE TEENAGERS. JULIA & JOSH ARE CAMP MICAH'S 25TH MICAH MATCH. WE HAVE LOVED WATCHING THEIR RELATIONSHIP BLOSSOM OVER THE YEARS!

JULIA & JOSH CELEBRATED THEIR WEDDING THIS PAST WEEKEND WITH THEIR FAMILY AS WELL AS SOME MICAH ALUMNI!



CHARLEY ALEXANDER (2015 HEAD OF DANCE) GOT ENGAGED TO PADDY ROSS IN DECEMBER



TRAVIS JOHNSTON (2019 HEAD OF NINJA) PROPOSED TO SARAH IN DECEMBER



KIERNAN BECKETT (2022 HEAD OF SURVIVAL SKILLS) GOT MARRIED TO CAILYN IN DECEMBER



JONAH WEINGART (B15 2015) PROPOSED TO ANNA JONAS IN DECEMBER



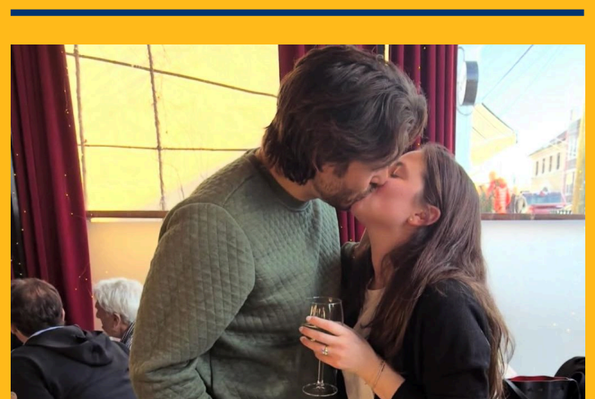
LUCY FORDE (2017 TENNIS STAFF) GOT ENGAGED TO JONATHAN MCMURRAY IN APRIL



JEREMY NOLLER (B15 2009 & 2012 WATERFRONT LIFEGUARD) GOT MARRIED TO KATHERINE SCHMITT IN MARCH



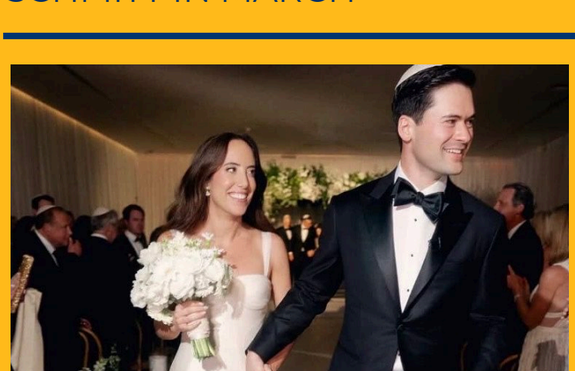
COLTON SIEGAL (2018 - 2020 HEAD OF MUSIC) GOT ENGAGED TO HIS LONG TIME PARTNER, NICK PRAYMOND, ON CHRISTMAS DAY!



JEFF HERSCOTT (B15 2005) PROPOSED TO OLIVIA FRIEMAN IN MARCH



JOSH SCHEGELOV (B15 2011) GOT MARRIED TO RACHEL RABIN IN DECEMBER



EMMY WEISMAN (G14 2011) GOT MARRIED TO ROBERT HEFTER IN MARCH

MICAH MAZELS

MY PARENTS MET AT MICAH



GRETCHEN (EGAN) (2015 - 2021 HIKING STAFF, NURSE, & ASSISTANT HEAD NURSE) & KENNY (2012 - 2020 HIKING STAFF, WILDERNESS TEAM LEADER, CRITTER UNIT LEADER, & ASSISTANT BRIDGTON HEAD COUNSELOR) HILLSTROM WELCOMED THEIR SON, CONNOR JAMES, IN JANUARY



ALEXA (ROTERT) INSTINE (2017 SWIM INSTRUCTOR) & HER HUSBAND, HUNTER, WELCOMED THEIR FIRST DAUGHTER, SOPHIA, IN MARCH



IZZY SCHEGOLEV (G14 2008, 2013 CRITTER COORDINATOR, 2014 BABYSITTER) & HER HUSBAND, MIKE MULLALEY, WELCOMED THEIR SON, EMMETT, IN FEBRUARY



NATE ROOS (2006 MICAH MINIS BABYSITTER, 2007 - 2010 ATHLETICS STAFF, 2011 SUMMIT UNIT LEADER, 2012 & 2015 MII STAFF) AND HIS WIFE, BROOKE, WELCOMED THEIR DAUGHTER, HAILEY, IN DECEMBER



EMMA (ANDERSON) NGUYEN (2019 PHOTO STAFF) & HER HUSBAND, TRI, WELCOMED THEIR DAUGHTER, ASTRID, IN DECEMBER



MARIA PAPAGNO (2011 - 2017 OFFICE STAFF & OFFICE MANAGER) & HER HUSBAND, NICHOLAS, WELCOMED THEIR FIRST DAUGHTER, AMELIA JUNIPER-SANDRA PAPAGNO, IN JANUARY



PHIL KAMINNIK (B15 2010 & 2013 - 2015 GENERAL SPORTS, SONG LEADER STAFF) & HIS WIFE, AMANDA, WELCOMED THEIR SON, GRANT PHILLIP, IN MARCH



SAM GRAGG (B15 2007, 2010 - 2016 FITNESS STAFF, PROWLER UNIT LEADER & HEAD COUNSELOR) & HIS WIFE, RACHEL, WELCOMED THEIR SECOND DAUGHTER, ALLISON DAWSON GRAGG, IN APRIL. BIG SISTER LEAH IS LOVING HER NEW TITLE!

MICAH GAMES

HOW MUCH CAN WE TEST YOUR MICAH KNOWLEDGE?

RETURNING COUNSELOR WORD SEARCH

F J S C J O E B X Q P K I C Y
N B E B B H S I O Z A N W F Z
O X G M A B X I K J U P B Y A
J N Q V I B M P X M T K Z V E
K H A T F G I L O L O I J Q N
D S N I A R A A X D S M B N B
I K G A W A W Y A O I P I R M
K C E A D C B C P Z N N L N I
C G L S J E H B V I N C E F J
A W U H V K E Z R G K X Z Q W
L C U L G V J W R O H J R H J
Q Z P E E Y L Z R L A Q E G D
X G H Y V M Z V L U M N H V U
U Y I M A H G F V N D V W V R
L D R F T X F W Z Z C Y S W K



CAN YOU FIND SOME OF OUR 2026 RETURNING STAFF?

JOE	ROAN	ASHLEY
VINCE	TOSIN	KIM
ANGEL	MIA	GRACE

FINISH THE CAMP PHRASE...

It's a beautiful day in downtown _____ & _____.

It's the same to me, honor in the round with love & _____

Camp Micah is our comfort zone our home ____ ____ ____.

Tell me, did you sail across the lake? Did you make it to the top of ____ ____.

Camp Micah, this is our second home, Camp Micah no we don't want to __ .

Answers: 1. Bridgton & Sebago 2. mercy 3. away from home 4. Bald Pate 5. go

STAY CONNECTED!

ALUMNI MENTOR'S WANTED!

The Micah Internship Program is officially underway. We're building out a set of focused tracks for our CITs to explore alongside the regular rhythm of camp, the stuff they already love, plus something that helps them start connecting camp life to "real life" in a more intentional way.

Right now, we're looking for alumni who might be willing to step in as mentors in a few of the following areas: Medicine, Mental Health, Operations & Logistics (hospitality, events, behind the scenes of event planning), Communications, Sports Management, & Engineering/ Sustainability.

What would that actually look like? Not a huge lift. We're asking for 2–3 Zoom calls over the course of the summer.

On those calls, you would:

1. *Tell your story:* not the polished version, but the real one. What changed, what didn't, and how (if at all) camp showed up along the way. The goal is just to help a CIT see a possible path from where they are now to... wherever you are now.
2. *Be a sounding board:* each CIT will be working on a small project tied to their track. You'd check in, ask good questions, help them think something through when they get stuck, or say "yeah, that's actually a great idea, keep going."

If you're interested, or just want to hear a little more before committing, reach out to **Jodi, jodi@campmicah.com.** We're building this as we go, and it would honestly mean a lot to have alumni shaping it with us!

MICAH MAZELS

As you can see, there is so much happening in the Micah community. Please remember to send info about your simchas, life cycle events, social action projects, and other newsworthy things so we can include them in an upcoming newsletter. All Mazels can be sent to **Averi**, **averi@campmicah.com.**

2026 ENROLLMENT

We have limited spaces available for the coming summer. We have a few Sebago spaces left primarily in the rising 3rd and 4th grade and availability on the Bridgton side of camp in the rising primarily in 3rd, 4th, and 5th grade. Enrollment changes happen regularly so if you have friends or relatives that are interested in attending Micah this summer, they should call the camp office (617-244-6540) to check on availability right away.

WE ARE HIRING!

As the summer slowly approaches, we are looking for few more staff to join us at Camp Micah this summer. If you know of a college-aged (or older) potential counselor that you think would be a great fit for the Micah community, please have them contact the camp office or complete an online staff application.

FOLLOW US ON SOCIAL MEDIA

INSTAGRAM: @CAMPMICAH04009
TIKTOK: @CAMP.MICAH
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VIMEO: CAMP MICAH 04009